



4070 Lake Drive • 949-8500

AMSLER GRID INSTRUCTIONS

- 1. Hold the grid securely or place on flat surface.**
- 2. Viewing distance from the eye to the grid should be approximately twelve inches.**
- 3. If glasses are necessary for reading or close work, they should be worn during this test.**
- 4. Cover one eye (each eye is tested separately).**
- 5. Always keep your gaze directed at the center dot. It may or may not be clear, but you should be able to see it.**
- 6. While looking at the center dot, ask yourself these questions:**
 - Can I see all four corners of the large square?**
 - Can I see all the small squares?**
 - Are any of the small squares or lines blurry, wavy, or distorted in any way?**
- 7. Repeat step #6 for the other eye.**
- 8. If you notice any changes in the appearance of the grid from previous testing, notify our office immediately.**
- 9. This test should be performed _____.**

